

An enjoyable way to get children eating more fruit – from Giles & Posner!

Do you find it a nightmare trying to encourage your children to try and eat their 5 portions a day of fruit and vegetables? Giles and Posner have come up with the perfect solution that allows your kids to have a nutritional treat whilst introducing new and exciting fruits into their diets.... use a home chocolate fountain!



Parents can have the best of both as the children will be encouraged to try lots of different fruits whilst the chocolate fountain will provide hours of endless fun. Fruits are a great source of vitamins, minerals and are above all nutritional. 5 portions of fruit and vegetables are essential every day to contribute towards the health, growth and development of children. Establishing healthy and balanced eating habits at a young age is important in your child's future.

If fruit is easily accessible, and chopped up into bit sized pieces that can be dipped into the chocolate, then children can have a treat whilst being healthy. Be creative and try a variety of colourful fruits such as melon, strawberries, mango, kiwi, pineapple, grapes, starfruit, cherries, mandarins... The list is endless, and the more you allow your children to try, with more of a variety the more you'll find that they like.

Giles & Posner's special fountain chocolate has nutritional benefits and natural ingredients that make it a healthier alternative to most other chocolates that tend to be laced with oils and calories. Their chocolate contains no vegetable fats or hydrogenated oils, only natural flavours and colourings, so not only does it look good, but it tastes amazing. The milk, white and dark chocolates come in 900g microwavable pouches that are easy to use with less mess.



All of Giles and Posner home fountains are easy to assemble and clean, and after each use will neatly fit into their box for effortless storage. Giles and Posner's home chocolate fountains range from the Mini Party at £24.99 to £39.99 for the Premier and Cascade.

For stockist details or to purchase a fountain online; www.gilesandposner.com

Distributors; email sales@gilesandposner.com for wholesale prices



For images of the Giles & Posner's Fountains and/or fruit platter, or for more information on Giles & Posner's products please contact Lisa Nicholson on 01322 336 131, 07845 278 583 or lisa@inspirationalpr.com